

AVIRIL (Apple) SEPULVEDA, OTD, OTR/L, BCP, SCFES, IBCLC

apple@mynurturecollective.com | 714 883 2798

EDUCATION

- 2020 Ph.D. Program in Translational Health Science
George Washington University, Washington DC (Anticipated completion 2025)
- 2017 Doctorate in Occupational Therapy
University of Southern California, Los Angeles, CA
- 2014 Master of Science, Occupational Therapy
San Jose State University, San Jose, CA
- 1998 Bachelor of Science, Occupational Therapy
Velez College, Cebu, Philippines

POST-PROFESSIONAL TRAINING and EDUCATION

- 2016 -2019 Robert Wood Johnson Clinical Scholars Fellowship
University of North Carolina - Chapel Hill
Chapel Hill, NC
- 2017-2019 International Board Certification Lactation Counselor Program
University of California San Diego, Extension
San Diego, CA

LICENSURE

- 2003 National Board Certification in Occupational Therapy, *Certificate Number 1065843 (active)*
- 2003 California Board of Occupational Therapy, *License Number 7299 (active)*
- 2010 New York State Education Department Occupational Therapy License 015770-01 (active)
- 2020 New Jersey Occupational Therapy License 46TR00971100 (active)

BOARD CERTIFICATIONS

- 2008 California Board of Occupational Therapy, Advance Practice in Feeding Swallowing
- 2009 Center for Children's Services, Paneled Provider
- 2011 California Board of Occupational Therapy, Advance in Physical Agents Modalities
- 2015 American Occupational Therapy Association, Board Certification in Pediatrics
- 2018 American Occupational Therapy Association, Specialty Certification in Feeding, Eating, and Swallowing
- 2019 International Board Certification of Lactation Consultants

PEER-REVIEWED PUBLICATIONS

Javier, J.J., Aguilin, W., Cunanan, P., **Sepulveda, A.**, Coffey, D. Castro, J. Palinkas, L.A.

Kipke, M.D. , Mack, W. J. (2023). Short-term outcomes from a pilot randomized controlled trial evaluating a virtual culturally adapted parenting intervention among Filipino parents of school-age children. (In print)

Sepulveda, A (2022). Developmental Disabilities. In K. L. Nadal, A. Tintiangco-Cubales, E.R. David, *The SAGE Encyclopedia of Filipina/x/o American Studies*. Sage Publishing.

Sepulveda A., Coffey, D.M, David, J. Lopez, H. Bantol, K. and Javier, J.R. (2020). Creating a Culture of Mental Health in Filipino Immigrant Communities through Community Partnerships. In Fernandez, C. S. & Corbie-Smith, G. (Eds.) *Leading Community-Based Changes in the Culture of Health in the US*. IntechOpen Limited.
<https://www.intechopen.com/books/8794>

Kate Barlow & **Aviril (Apple) Sepulveda (2020)**. The promotion of positive mental health for new mothers during Covid-19, *World Federation of Occupational Therapists Bulletin*, 76:2, 86-89, DOI: 10.1080/14473828.2020.1822577

Sepulveda, A (2019). A Call to Action: Addressing maternal mental health in pediatric occupational therapy practice. *Annals of International Occupational Therapy*. 2(4):195-200. doi: 10.3928/24761222-20190813-02

Coffey D.M., **Sepulveda A.**, David J., Bantol, K., Rosario, S., Jayme, A., Lopez H, Javier JR. (2019) Ugat (Roots): A qualitative study to create a shared definition of mental health in the Filipino community. In press

Murray, P. M., **Sepulveda, A.**, David, J., Baird, J. (2021). Longitudinal Impact of a Poverty Simulation on Healthcare Practitioners' Attitudes Towards Poverty. Manuscript submitted for publication.

GRANT AWARDS

Robert Wood Johnson Foundation Clinical Scholars Program 9/1/2016 - 8/31/2019
Prevention of Behavioral Health Disparities in an Immigrant Community Through Community Partnerships
Role: Co-Investigator (17% FTE)
Total Direct Costs \$525,000

This is a three-year leadership program for clinically active health care providers that provides unique skills needed to lead communities and organizations toward a Culture of Health. Our multidisciplinary team is made up of physicians, occupational therapists, mental health providers, and community partners. The aim of our project is to create a culture of mental health and healthy parenting among Filipinos, a large, yet understudied immigrant community that is affected by alarming mental health disparities, including high adolescent suicide ideation and attempts.

Institute of Nursing and Interprofessional Research 6/1/2017 - 5/31/2019

The Impact of a Mother-Baby Program in Maternal Depression, Developmental Outcomes, and Mother-Baby Attachment in Babies Discharged from the NICU and Mothers with Depressive Symptoms
Role: Principal Investigator

Total: \$20,000.00

This study will determine the efficacy and feasibility of a mother-baby group using the Incredible Years Baby and Parent (IYPB) curriculum in the treatment of infants of mothers with depression symptoms on mother-infant relationship, infant development, and maternal depression in pediatric outpatient settings.

Clinical Services Research Grant

6/1/2018 - 5/31/2019

Outcomes of VitalStim in the Treatment of Dysphagia on Tracheostomized Children

Role: Principal Investigator

Total: \$5,000.00

The purpose of this study is to determine the outcomes of dysphagia on children with tracheostomy tubes when treated using LNMES. Furthermore, we aim to determine the relationship between parental stress and a child's modified diet.

Clinical Services Research Grant

6/1/2018- 5/31/2019

Impact on the Poverty Simulation on Healthcare Practitioners Attitude Towards Poverty

Role: Principal Investigator

Total: \$5,000.00

This quasi-experimental repeated measures study will evaluate the impact of a poverty simulation on the attitudes towards poverty of healthcare service providers of CHLA, specifically the members of CHLA Collaborative Governance and other CHLA staff.

CERTIFICATIONS/Trainings

2009 VitalStim Therapy *Certificate Number 87950*
2014 Lactation Educator Counselor (2014) *License Number GA7299*
2014 Certified Infant Massage Instructor
2015 NCAST Parent-Infant Interaction Feeding Scale
2016 Maternal Mental Health Training Certificate
2016 Incredible Years School Age BASIC Parent Group Leader Training (ages 6-12)
2018 Incredible Years Attentive Parenting Program (Ages 2-6)
2018 Incredible Years Parents and Baby Program (Ages 0-1)
2018 Incredible Years Advanced Program
2019 Technology of Participation Strategic Facilitation Certificate
2019 Brazelton's Touchpoints
2023 Newborn Behavioral Interventions

WORK EXPERIENCE

July 2021 - present	Filipino Family Health Initiative Children's Hospital Los Angeles (independent contractor) Parent Group Leader/Facilitator, Incredible Years Curriculum
July 2021- present	Postpartum Support International Certification Program Manager
July 2021 - Ja 2023	Henry Mayo Hospital (per diem) NICU occupational therapist
July 2021 - present	Nurture Collective Co-founder/CEO <ul style="list-style-type: none">Created the vision and handles business development and strategy for Nurture Collective: an organization that provides early intervention services in the home, center or

in pediatric primary care that integrates maternal mental health in pediatric early intervention practices

- Provides mentorship and training to occupational therapists and speech therapists on staff
- Performs feeding, lactation, and occupational therapy assessments and intervention of children and their families ages 0-5 years old.

July 2021 - present Postpartum Support International
Certification Program Manager

June 2016 - July 2021 Children's Hospital Los Angeles, Los Angeles, CA
Occupational Therapist III

- Piloted a maternal mental health screening program for mothers of children discharged from the NICU and babies with complex medical needs.
- Treat and evaluate children with complex feeding, developmental, and sensorimotor needs with various diagnoses
- Perform Modified Barium Swallow Studies
- Primary therapist at the CHLA Pulmonary Clinic to assess children with feeding and swallowing needs
- Lead and participate in clinical programs to improve systems of care.
- Involved in research in the areas of feeding, parenting, mental health, and public health
- Incredible Years Parent Leader - facilitating parenting programs in the community

June 2009 - May 2016 Children's Hospital Los Angeles, Los Angeles, CA
Occupational Therapist II

- Treated and evaluated children in inpatient rehab and outpatient rehab work areas
- Performed Modified Barium Swallow Studies.

2008- July 2016 Totally Kids Specialty Healthcare, Sun Valley, CA
Director of Rehabilitation

- Developed the inpatient and outpatient rehabilitation program
- Responsible for business development, acquiring contracts with insurance companies
- Developed an in-house rehabilitation program to provide rehabilitation services for children with fragile medical needs
- Developed oral-motor stimulation program for children with sensory aversion to decrease oral hypersensitivities for readiness for PO trials and PO feeding.
- Co-developed a developmental team program for care children by nurses for consistency of care.
- Started interdisciplinary group programs for infants, toddlers, and feeding groups.
- Directed and supervised the rehabilitation team
- Supervised a team of health care providers on evidence-based treatment interventions
- Developed, planned, and implemented learning opportunities for staff
- Performed patient care using the following interventions, including sensory-motor work, motor disorders, rehabilitation for neurological disorders, muscle strengthening, fine motor and gross motor development, dysphagia therapy, and self-help skills.
- Administration and management of the department
- Coordinated client services

2005-2008 Totally Kids Specialty Healthcare, Sun Valley, CA

Lead Occupational Therapist

- Developed, designed, and implemented the facility's occupational therapy program to evaluate and provide OT services to children with medically complex needs.
- Treated and evaluated children in a sub-acute facility

2004-2008

Hallmark Rehabilitation, Los Angeles, CA
Occupational Therapist

- Performed OT evaluations and treatment for clients in SNF in different facilities in Los Angeles and Orange County.
- Developed, designed, and implemented a new facility's (Verdugo Valley) first occupational therapy program for adults with mental health needs to acquire independence skills in instrumental ADLS.

2003-2004

DG Therapy Group, Los Angeles CA
Occupational Therapist

- Evaluated and treated children (0-3 yrs) OT in homes and clinics.
- Primarily served children with developmental delays, genetic, regulatory and sensory processing disorders.
- Children covered through the regional center.

OTHER POSITIONS

May 2014 – present

Dynamic Pediatric Therapy and Associates, Cebu City, Philippines
Co-founder/Co-owner

- Responsible for program development of an outpatient pediatric rehabilitation clinic that provides evidence-based interventions to children with special needs
- Serves as a mentor to junior occupational therapists
- Develops business strategies.

June 2012-present

Sepulveda Occupational Therapy & Associates
Owner/Consultant

- Offers private therapy services to clients
- Provides consultation on early intervention programs and adaptive programs for developmental disabilities.
- Develops programs for therapy clinics

LEADERSHIP POSITIONS

July 2021 - September 2023

BreastfeedLA
Board Member at Large

January 2019 - present

American Occupational Therapy Association
Population Health Task Force

October 2018 - July 2021

Children's Hospital Los Angeles
Diversity Council

July 2020 - July 2021	Racial Equity Task Force Children's Hospital Los Angeles CEO-commissioned task force charged to understand racial inequity at CHLA and create a strategic plan and framework for change with clear objectives, metrics and performance indicators.
March 2019- October 2020	2020 Mom, non-profit that aims to close the gaps in maternal mental health care. Chair, Board of Directors
May 2018 - March 2019	2020 Mom/The Policy Center of Maternal Mental Health Non-profit that aims to close the gaps in maternal mental health care. Interim Chair/Vice-Chair, Board of Directors
Aug 2016 - May 2018	2020 Mom/The Policy Center of Maternal Mental Health Secretary, Board of Directors
Aug 2015 - Aug 2016	2020 Mom Board Member at Large
May 20104 - present rural	The EN/ability Project, a non-profit that serves the needs of children with disabilities in areas of Cebu, Philippines Founder/ President <ul style="list-style-type: none"> ● Designed a program to provide early detection, screening, and intervention to children in poor communities in the Philippines ● Developed a program to provide free occupational therapy services using a collaborative and consultative model to the poor communities in Cebu, Philippines ● Organizes annual outreach ● Networks with US-based non-profit organizations and universities to bring in volunteers to the Philippines ● Responsible for finding and writing grants

INVITED PRESENTATIONS

Year(Month)	Name	Role
2023 (October)	Linking the Pieces to an Innovative Practice in Maternal-Infant Mental Health AOTA Momentum Summit Bethesda, MD	Presenter
2023 (September)	The Dual Challenges of MMH and Child Developmental Delays Calls for collaboration The Children's Network San Bernardino, CA	
2023 (May 8, 9)	National Institutes of Health	Co-presenter

	Maternal Innovations Conference Implementation Science and Innovation Bethesda, MD	
2023 (May 19)	First 5 Yuba County Maternal Mental Health Conference Yuba County, CA	Keynote Speaker
2023 (April)	The Hidden Occupations of Women: The Perinatal Period AOTA Inspire	Presenter
2020 (October)	Perspectives on Advocacy: Standing up for Children and Mothers	Presenters
2019 (July 17)	Addressing Maternal Mental Health in Pediatric Occupational Therapy Practice American Occupational Therapy Children and Youth Specialty Conference Orlando, FL	Presentor
2019 (July 25)	Understanding Implicit Bias Children's Hospital Los Angeles	Co-presenter
2019 (May 15)	The Impact of Poverty Simulation in the Attitudes Toward Poverty in Healthcare Practitioners	Co-presenter
2019 (February 25)	Innovative and Emerging Practice in Occupational Therapy West Coast University Los Angeles, CA	Presentor
2019 (February 21)	DEI Learning Forum - Building a Diverse, Equitable and Inclusive Health System- Implicit Bias Training Children's Hospital Los Angeles Los Angeles, CA	Co-facilitator
2019 (February 1)	Pediatric Dysphagia Children's Hospital Department of Pulmonology and Sleep Medicine Children's Hospital Los Angeles Los Angeles, CA	Co-presenter
2019 (January 17)	Impact of Mother-Baby Group on Maternal Depression, Maternal Attachment, and Development Children's Hospital Rehabilitation Department Research In Review Los Angeles, CA	Co-presenter
2019 (January 16)	Conducting Community-Based Participatory Research to Promote Health Equity in Diverse Populations Children's Hospital Los Angeles/ University of Southern California Diversity, Equity and Inclusion Week Los Angeles, CA	Co-presenter
2019 (January 15)	Prevention of Behavioral Health Disparities in an Immigrant Community Through Community Partnerships: Creating a Culture of Mental Health Robert Wood Johnson Foundation Annual Leadership Institute Indianapolis, IN	Co-presenter
2018 (October 29)	Emerging Practice in Occupational Therapy West Coast University Los Angeles, CA	Presenter
2018 (April)	Strategies That Facilitate Infant Engagement in a Disrupted Mother-Infant Dyad American Occupational Therapy Association Salt Lake City, Utah	Co-presenter
2018 (March)	Feeding Development Philippine Academy of Occupational Therapists Meeting Cebu City, Philippines	Presenter
2018 (Feb)	Emerging Practice in Occupational Therapy	Lecturer

	West Coast University Los Angeles, CA	
2017 (October)	Occupational Justice, Equity, Diversity and Inclusion West Coast University Los Angeles, CA	Lecturer
2017 (May)	Beyond the Blues: Maternal Mental Health Screening Children's Hospital Los Angeles Los Angeles, CA	Presenter
2017 (April)	Maternal-Infant Mental Health OT Extravaganza University of Southern California Los Angeles, CA	Panelist
2017 (April)	Conversations in Maternal-Infant Mental Health University of South California Los Angeles, CA	Co-presenter
2017 (Feb)	Maternal-Infant Mental Health Saugus Early Head Start Program Saugus, CA	Presenter
2016 (Nov 11, 12)	How We Learn to Eat: Building Foundations for Successful Mealtimes University of Southern California Los Angeles, CA	Co-presenter
2016 (Nov)	Emerging Practice in Occupational Therapy West Coast University Los Angeles, CA	Co-presenter
2016 (May)	Maternal-Infant Mental Health in the Pediatric Rehabilitation Setting Journal Club Presentation Children's Hospital Los Angeles	Co-presenter
2015 (Dec)	Community Program Development Stanbridge University Irvine, CA	Presenter
2015 (Sept)	Developmental Milestones for Early Detection a and Intervention EN/Ability Foundation Early Intervention Outreach Balamban, Cebu, Philippines	Presenter
2014 (April)	Developmental Milestones for Early Detection and Intervention EN/Ability Foundation Early Intervention Outreach Borbon, Cebu, Philippines	Presenter
2013 (April)	Just Eat! Feeding and Its Components Totally Kids Specialty HealthCare	Presenter

THESIS/CAPSTONE PROJECTS

2017	Doctorate, Occupational Therapy University of Southern California Integrating Maternal Mental Health Into Pediatric Occupational Therapy Practice
2014	Masters of Science, Occupational Therapy

ABSTRACTS and PRESENTATIONS

1. Hopkins J., Pollard B., Tanita K, **Sepulveda A** (2014, April). *Using social stories to prepare children for modified barium studies*. Poster session presented at the Annual American Occupational Therapy Association Conference, Baltimore, MD.
2. Hopkins J, Lee C, Pollard B., **Sepulveda, A.**(2016, October). *Sensory strategies can facilitate infant engagement in the disrupted mother-infant dyad*. Poster session presented at the Annual Occupational Therapy Association of California Conference, Pasadena, CA.
3. Hopkins J, Lee C, Pollard B., **Sepulveda, A.** (2016, December). *Sensory strategies can facilitate infant engagement in the disrupted mother-infant Dyad*. Poster session presented at the Annual Zero to Three Conference, New Orleans, LA
4. **Sepulveda, A.** Hopkins, J , Lee C, Pollard B. (2017, March). *Sensory strategies can facilitate infant engagement in the disrupted mother-infant dyad*. Poster session the 96th Annual American Occupational Therapy Association Conference, Philadelphia, PA
5. **Sepulveda, A.**, & Hanish, K. (2017, October). *Occupational Therapy's Role in Maternal-Infant Mental Health*. Occupational Therapy Association of California Conference, Sacramento, CA.
6. Jones J., Nguyen N., Petko K., Enrile A., **Sepulveda A.**, Javier J, (2017, February). *Child trafficking in the Philippines: A needs assessment of social service organizations in Cebu, Philippines*, *Academic Pediatric Association Region IX/X Meeting*.
7. Jones J., Nguyen N.T., Petko K.A., **Sepulveda A.**, Javier J.R. *Child trafficking in the Philippines: A needs assessment of social service organizations in Cebu, Philippines*. A poster finalist at the 2017 AAP-CA2 advances in pediatrics symposium.
8. David, J. , Bantol, K. **Sepulveda, A**, Coffey, D.M., Lopez, H., Jayme, A., Javier, J.R. (2017, September). *Ugat: Finding roots through creating a shared definition of mental health in the Filipino community*. A poster session presented Asian American Psychological Association Division of Filipino American, Las Vegas, NV.
9. **Sepulveda A.** , Bantol K., David J., Lopez H., Coffey D., Jayme A., Javier J.R. (2017, December). *Learning from a Filipino community on creating a shared definition of mental health*. Zero to Three Annual Conference, San Diego, CA.
10. David J., **Sepulveda A.**, Jayme A., Coffey D.M., Lopez H., Javier J,R. (2018, May). *Pakiramdam: The inner perceptions of a Filipino community by creating a shared definition of mental health*, A poster session presented at World Federation of Occupational Therapy Congress, Cape Town, South Africa.
11. **Sepulveda A.**, Barnes A., David J, Bream S., Bantol, K., Javier J.R. (2018, May). *Perceptions of disability in Filipinos living in rural areas of Cebu, Philippines*, World Federation of Occupational Therapy Congress, Cape Town, South Africa.
12. **Sepulveda, A.** (2018, May). *The role of occupational therapy in maternal-infant mental health*. Presented at the World Federation of Occupational Therapy Conference, Cape Town, South Africa.
13. Bantol K., **Sepulveda A.**, Chand S., David J., Jayme A., Lopez H., Coffey D., Javier J.R. (2018, June). *Filipino family wellness: A conference to address stigma and increase awareness of behavioral health disparities among Filipino youth*. Presented at the 23rd Saban Research Institute Annual Poster Session, Los Angeles, CA.
14. **Sepulveda A.**, David J., Coffey D.M., Bantol K., Lopez H., Javier J.R. (2018, November). *Silent minority speaks: A conference to address stigma and increase awareness of Filipino mental health disparities*. American Public Health Association Annual Conference, San Diego, CA
15. Podvey, M., & **Sepulveda, A.** (2019, April). *Maternal health in the perinatal period: A panel discussion of occupational therapy in an emerging practice area*. Presentation at the 99th Annual American Occupational Therapy Association Conference, New Orleans, LA.
16. Farber, R., Sponsellar, L., Foy, C, Ellis, K., & **Sepulveda, A.** (2019, April). *Reframing women's health and wellness in occupational therapy: For mothers in both typical and challenging situations*. Presentation at the 99th Annual American Occupational Therapy Association Conference, New Orleans, LA.

17. **Sepulveda, A.**, Rauda, H., Pollard, B., Gualleni, G. (2019, April). *The Impact of a mommy-baby group on maternal depression and infant development*. A Poster Presentation at the 99th Annual American Occupational Therapy Association Conference, New Orleans, LA.
18. **Sepulveda, A.** (2019, June). *The role of occupational therapy in maternal mental health*. Postpartum Support International Conference, Portland, OR
19. Baird, J., **Sepulveda, A.**, Murray, P. (2021). The impact of poverty simulation on clinician's attitudes towards poverty. Society of Pediatric Nurses Conference.
20. Barnekow, K., **Sepulveda, A.**, Salamat A. (2022) Clinical Reasoning for Family-Centered Care: Embracing Early Childhood Mental Health, Trauma-Informed Care and Screening for Perinatal Mood and Anxiety Disorders. American Occupational Therapy Association Inspire Annual Conference.
21. **Sepulveda, A.** & Hanish, K (20220). Occupational Therapy Practice Innovations in Maternal Mental Health. USC Chan Innovation Bootcamp Series.

OTHER PUBLICATIONS

- Sepulveda, A. (2020). Raising Happy, Healthy Babies. Children's Hospital Los Angeles. <https://www.chla.org/blog/behavior-and-development/raising-happy-healthy-babies>
- Sepulveda, A., David, J., Coffey, D. M., Lopez, H. MD, Javier, J (2019, August). Toolkit for Prevention of Behavioral Health Disparities in an Immigrant Community. Clinical Scholars <https://clinicalscholarsnli.org/wp-content/uploads/2020/07/Toolkit-for-Prevention-of-Behavioral-Health-Disparities-in-an-Immigrant-Community.pdf>.
- Sepulveda, A. (2019, March 8). Why it makes more sense to care for kids and parents at the same time. Center for Health Journalism. <https://www.centerforhealthjournalism.org/2019/01/16/why-it-makes-more-sense-care-kids-and-parents-same-time>
- Sepulveda, A. (2017, May 26). Recognizing and overcoming postpartum depression. Children's Hospital Los Angeles. <https://www.chla.org/blog/rehab-therapies-and-audiology/recognizing-and-overcoming-postpartum-depression>.
- Sepulveda, A. (2018, May 29). If pediatricians screen moms for postpartum depression, why not occupational therapists?. Center for Health Journalism. <https://www.centerforhealthjournalism.org/2018/05/24/if-pediatricians-screen-moms-depression-why-not-occupational-therapists?>
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CURRICULUM DEVELOPMENT

How We Learn to Eat: Building Foundations for Successful Mealtimes. Co-developed a 2-day workshop on feeding, eating, and swallowing development of children ages 0-3 as part of the continuing education requirement for California Board of Occupational Therapy Advanced Certification for Feeding and Swallowing.

CONTINUING EDUCATION COURSES and SEMINARS ATTENDED

2004	Behavior and Sensory Can Work Together
2004	Treating Feeding and Swallowing in Early Intervention
2004	Physical Agents Modalities Basics
2004	Keeping your Center of Gravity in your Base of Support
2005	Physical Agents Modalities Credentialing Seminar
2007	Aholottaplay
2007	ABC's of Pediatric Feeding and Swallowing Module V: Feeding Swallowing Issues in Premature Infants
2007	Pediatric Feeding Assessment & Treatment

2008 Feeding and Swallowing: An Integrated Approach
2008 Beckman Oral Motor Assessment and Intervention
2009 Occupational Therapy Association of California Spring Fling
2009 VitalStim Certification for Treatment of NMES in Pediatrics
2009 MBS (Modified Barium Swallow) – A Clear Picture
2010 Advance VitalStim Treatment
2010 Picky Eaters vs. Problem Feeders: The SOS Approach to Feeding
2010 Infant Treatment Based on NDT Principles By Lois Bly
2011 Sensory Integration Perspective: SIPT Certification Module 1
2011 Sensory Integration Intervention: SIPT Certification Module 4
2012 Pediatric Myofascial Release
2012 Kinesiotaping KT1 and KT2
2012 Feeding and Swallowing Disorders in Infancy
2012 Pediatric Splinting
2013 American Occupational Therapy Association Annual Conference, San Diego, CA
2013 Kinesiotaping KT3
2013 Sensory Integration Specialized Techniques for Measuring Sensory Integration
SIPT Certification Module 2
2013 The Get Permission Approach to Sensory Mealtime Challenges by Marsha Dunn-Klein
2014 Lactation Educator and Counselor Training Program
2014 American Occupational Therapy Association Annual Conference, Baltimore, MD
2014 World Federation of Occupational Therapy Congress, Yokohama, Japan
2014 International Loving Touch Foundation Infant Massage Certification Program
2015 University of Washington NCAST Program Parent-Child Interaction Feeding Scale Training
2015 Adaptive Design Association Making Adaptive Equipment using Cardboard Courses 1-3
2015 VitalStim Recertification
2015 A Team Approach to Management of Tracheostomized and Mechanically Ventilated Patients
2016 A Child's Developing Brain and the Impact of Trauma Across the Lifespan
2016 Certification in Pediatric Massage
2016 Maternal Mental Health Certificate Training for Mental Health and Clinical Professionals
2016 Bridging, Bonding, and Beyond: Clinical Expertise and Community Outreach in Perinatal Mental Health
2016 School Age BASIC Parent Group Leader Training (ages 6-12)
2016 Supporting Vulnerable Families: Mental Health and Breastfeeding
2016 Building Powerful Connections: Zero to Three Annual Conference
2017 Understanding the Impact of Trauma and Neglect on the Developing Child
2017 Maternal Mental Health and the Disrupted Mother-Baby Dyad
2017 Emerging Considerations on Maternal Mental Health: Hormones and Inflammation
2017 American Occupational Therapy Association Centennial Conference, Philadelphia, PA
2017 CPSP Medi-Cal Billing for Lactation Services
2017 Incredible Years Attentive Parenting Group Leader Workshop
2017 Postpartum Support International Conference 2017: Expanding Our Reach on the Frontlines of Care
2017 Community Campus Partners for Health Summer Intensive: Structural Inequalities
2017 Introduction to Clinical and Translational Research Study Design
2017 Zero to Three Annual Conference, San Diego, CA
2017 AcademyHealth - Clinical Scholars Policy and Communications Meeting
2018 Incredible Years Parent-Baby Leader Program (January 8 and 9)
2018 Incredible Years Advanced Parenting Program (January 10 and 11)
2018 Poverty Simulation Leader Program (January 24-25)
2018 RWJF Reimagining Health Equity: Learning for Action (April 10-11)
2018 Policylink Equity Summit 2018 (April 11)
2018 American Occupational Therapy Annual Conference, Salt Lake City, UT
2018 World Federation of Occupational Therapy Congress, Cape Town, South Africa
2018 Postpartum Support International

2018	Parent-Child Relational Assessment - (October 26, 2018)
2019	Robert Wood Johnson Foundation Annual Leadership Institute (January 11-15, 2019)
2019	Robert Wood Johnson Foundation Sharing Knowledge Conference (March 6 - 8, 2019)
2019	Postpartum Support International Conference (June 28-30, 2019)
2019	Technology of Participation Facilitation Methods Workshop (June 18 - 19. 2019)
2020	Brazelton's Touchpoints
2020	Parent-Child Relationships Feeding Scale
2020	Parent-Child Relationships Teaching Scale
2021	Postpartum Support International Components of Care and Advanced Psychotherapy Training

COMMUNITY SERVICE

2016	Chair	EN/ability Project and Liddle Kidz Foundation Pediatric Massage Outreach 10-day outreach with over 30 volunteers to the rural areas of Cebu, Philippines to teach families and community health workers to perform pediatric massage to their kids with special needs
2017	Chair	EN/ability Project Adaptive Seating Equipment Outreach 4- day outreach with over 20 volunteers for assessment, fitting, and fabrication of adaptive seating equipment for children with special needs in Borbon, Cebu, Philippines
2017	Co-chair	Filipino Family Wellness A conference to address stigma and increase awareness of behavioral health disparities among Filipino youth.
2018	Chair	2020 Mom Emerging Considerations in Maternal Mental Health Annual Forum A conference organized to convene thought leaders, healthcare professionals, and advocates of maternal mental health.
2018	Steering Committee Member	Los Angeles County Department of Mental Health Filipino Well-being Summit A conference that promotes mental health and well being among Filipino Angelenos
2018	Member	Bayanihan: A Collaborative Conference about Trauma Informed Care A conference that brings together a team of healthcare providers, pediatricians, and child abuse experts from the Philippines and the United States to train service providers about trauma-informed care.
2019	Chair	Birth: The Intersection Between Maternity and Mental Health - Choice, Outcomes, and Quality 2020 Mom 9th Annual Considerations in Maternal Mental Health A conference organized to convene sectors, including clinicians, researchers, public health, survivors, the business sector, innovators, journalists, employers, insurers, physicians, non-profits, tech, and advocates to engage in conversations necessary to close the gaps in maternal mental health care.

HONORS and AWARDS

Dean's Honors List – Velez College (First Semester, 1994)

Children's Hospital Humanism Award nominee (2017)

Order of the Areté – University of Southern California (2017)

- For significant contributions in the areas of scholarship, leadership, and service.

Award of Appreciation (2017) Occupational Therapy Association of California, Sacramento, CA

Board Member of the Year (2017) 2020 Mom Board Strategy Meeting, Pasadena, CA

Board Member of the Year (2018) 2020 Mom Board Retreat, Pasadena, CA

MEMBERSHIPS and AFFILIATIONS

California Board of Occupational Therapy, member (2003, 2014)

American Public Health Association (2018 -present)

American Occupational Therapy Association, member (2006-present)

World Federation of Occupational Therapy, member (2009-present)

Occupational Therapy Association of California, member (2009-present)

Zero to Three, member (2016- present)

World Association of Infant Mental Health (March 2017 – present)

Asian American Psychological Association (March 2017 – present)

Phi Kappa Phi Honor Society (March 2017 – present)

Marce North America (2019-present)