

Breastfeeding Resources

CLICK THE LINKS BELOW

IN-PERSON/VIRTUAL

BreastfeedLA Baby Café Support Group

Meetings are held virtually through ZOOM

Tuesday: 7:00 PM - 8:30 PM

[Linktree](#)

New Familia Health Support Services

Chi Chi Lounge

(323) 917-1700

info@newfamilia.org

[Instagram](#)

White Memorial

Breastfeeding Support in-person/virtual

323-994-2619 ext 5823

English & Spanish

[My Nurture Collective](#)

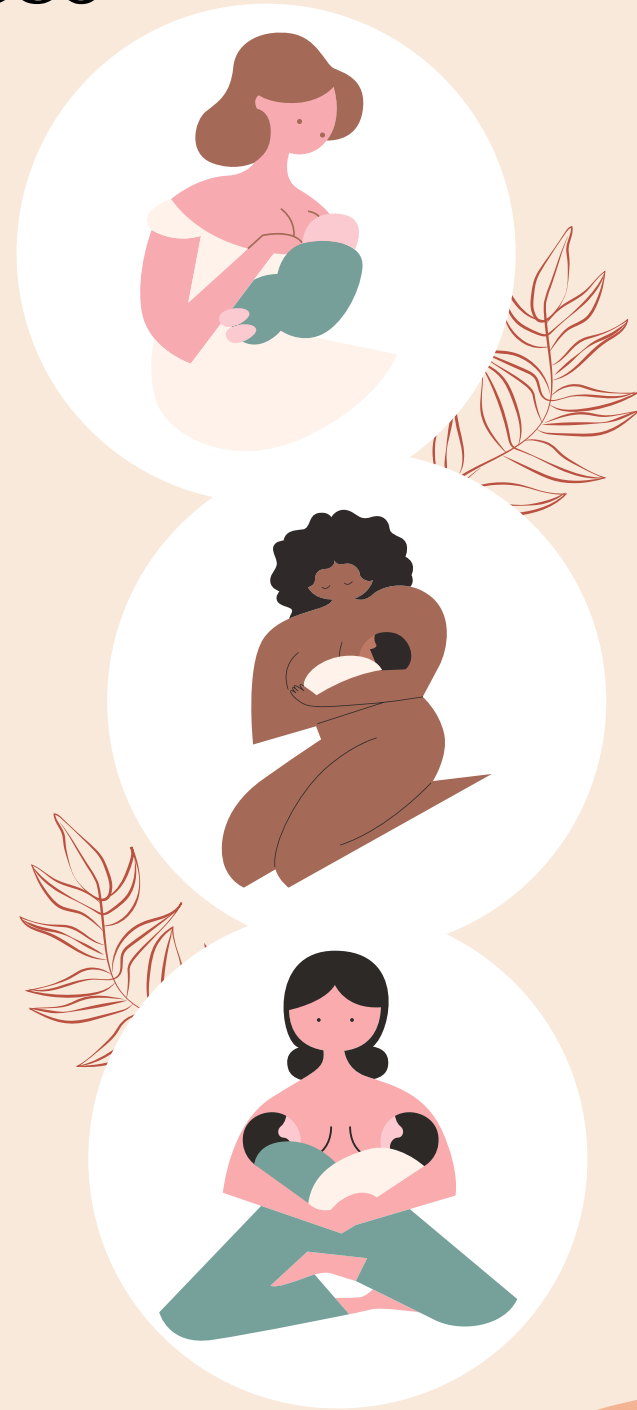
Baby/Mommy/Daddy Group

(424) 442-9129

[Map Breastfeeding Resources](#)


[WIC California](#)

1-800-852-5770




LACTATION SERVICES
LORENA CREAMER, IBCLC

IN COLLABORATION WITH
HORACIO G. LOPEZ MD, INC.

 213-353-3600

 2105 Beverly Blvd Suite 129, Los Angeles CA 90057

 Thursdays 9:30-12:30



Breastfeeding Resources

CLICK THE LINKS BELOW

VIDEOS

[How can I help my baby latch?](#)

[What does breastfeeding look like in the first hours?](#)

HANDOUTS

[How do I know if my baby is getting enough milk?](#)

[How do I know when my baby is hungry?](#)

[Ouch! My nipples hurt! What do I do?](#)

"IF WE WEAR OUR NURSING COVERS
BACKWARDS LIKE CAPES, THEN EVERYONE
CAN SEE WE ARE BREASTFEEDING
SUPERHEROES"
- CASSI CLARK




LACTATION SERVICES
LORENA CREAMER, IBCLC

IN COLLABORATION WITH
HORACIO G. LOPEZ MD, INC.

 213-353-3600

 2105 Beverly Blvd Suite 129, Los Angeles CA 90057

 Thursdays 9:30-12:30

